

You can use these questions to thoughtfully and honestly assess your team climate. This flexible tool can guide self-reflection, discussions in trainings and meetings, and focus groups with athletes or their parents.

RATE HOW OFTEN THESE BEHAVIORS OCCUR ON YOUR TEAM.

COMMUNICATION	OFTEN	SOMETIMES	RARELY	NEVER
Athletes come talk to me about concerns they have.				
I listen with an open mind when athletes talk with me about their concern.				
I apologize and model accountability if I lose my temper.				
I speak differently under competition pressure or stress.				
I proactively use words, body language, and tone to reinforce to athletes that they can be themselves on my team.				
I speak up when I see others (parents, coaches, administrators, athletes) saying or doing things that cause someone harm.				

ATHLETE INTERACTIONS	OFTEN	SOMETIMES	RARELY	NEVER
My athletes playfully tease or banter with one another.				
This teasing behavior leads to people's feelings being hurt.				
Certain athletes are actively excluded by teammates.				
Certain athletes isolate themselves from the broader team.				

ABUSE AND MISCONDUCT	OFTEN	SOMETIMES	RARELY	NEVER
The team participates in hazing activities, or may participate in hazing I don't know about.				
The team participates in positive team-bonding traditions.				
I behave in ways that may cross the line between tough coaching and misconduct.				

Review your answers and consider areas that may need improvement to promote a positive team environment. What specific actions can you take or strengthen to improve team climate?

Fill in the contact information for the support and reporting resources below. Use the blank space to record other reporting information you want to remember.

FOR LOCAL CRISIS AND SUPPORT RESOURCES	
Local child advocacy center	
Local sexual violence agency	
Local domestic violence agency	
Other important resources	

FOR REPORTING ABUSE AND MISCONDUCT	
Local law enforcement (nonemergency number)	
Local child abuse reporting agency	
U.S. Center for SafeSport	1-833-5US-SAFE (587-7233) uscenterforsafesport.org/ report-a-concern/
Designated reporting contact within my local organization	
Designated reporting contact within my sport governing body	